

Banana Fool

Banana Fool is a yummy dessert that is easy to make.

What you need:



2 small tubs of natural yogurt.
1 big spoon of sugar.
2 bananas.



A kiwi and 3 or 4 grapes or strawberries, if you prefer.

What to do:



1 Cut the bananas into slices and mash them well with a fork.



2 Pour the yogurt into a bowl and stir well.

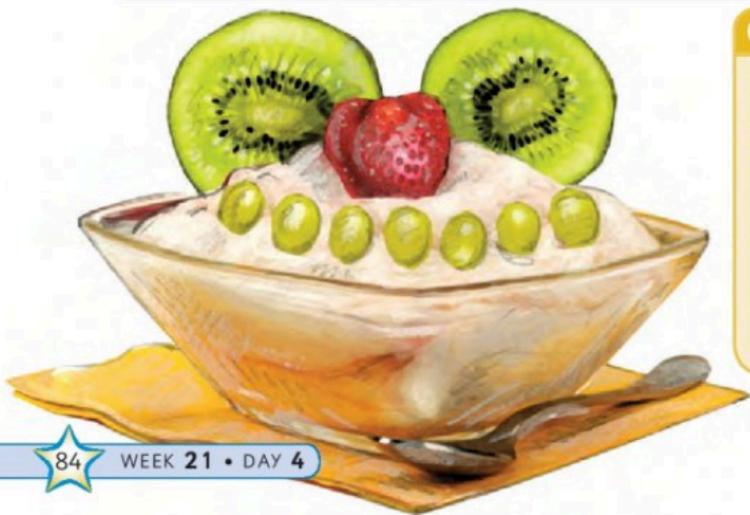
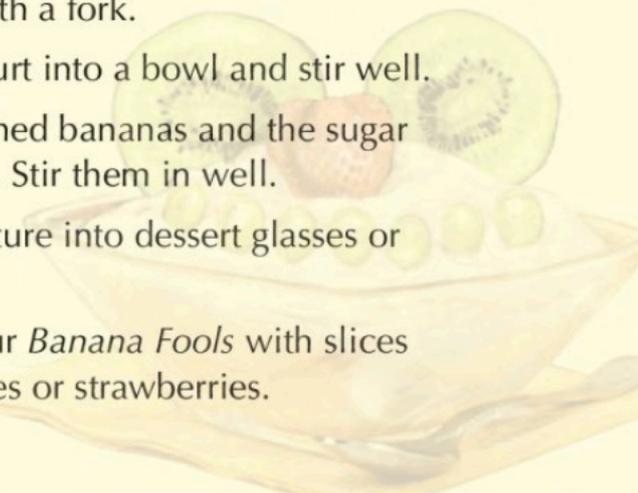
3 Add the mashed bananas and the sugar to the yogurt. Stir them in well.

4 Pour the mixture into dessert glasses or dishes.



5 Decorate your *Banana Fools* with slices of kiwi, grapes or strawberries.

6 Enjoy!



CHECK-UP

- 1 How many bananas do you need?
- 2 What do you do with the bananas?
- 3 How much yogurt do you need?
- 4 What do you stir into the mixture to make it sweeter?
- 5 What fruits should you use to decorate the *Banana Fools*?