Suggested Daily Timetable 3rd/4th

* **2 minute Movement / Brain Breaks in between every 1 / 2 subjects (See under ‘Transitions’)**

1. P.E with Joe
2. Handwriting x 1 page
3. Maths task and topic - based worksheet
4. Literacy task / Reading Zone
5. Gaeilge
6. Free Writing (10 mins)
7. SESE / Music
8. Religion activity / prayer
9. DEAR time (15 mins)

10.STEM Home Menu 3 OR Writing Choice Board (Choose one activity from either menu Monday – Thursday and ‘Golden Time’ on Friday)