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| **Balance Children's Online and Offline Lives During Isolation** |

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| **Colouring Competition**Here is a colouring competition for your primary school children to learn how to balance their online and offline lives, and to connect with their loved ones during isolation**.** **1st Prize €75 Smyths Toys voucher2nd Price €50 Smyths Toys voucher.**  |

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| [**Download**](https://zeeko.us14.list-manage.com/track/click?u=279693e0953c61a2ff17581bc&id=1d75fb641b&e=c3357ce9a7) |

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| **Webinar*****How to help your child balance their online and offline lives during isolation.***This **FREE**45 minute webinar will help parents of primary school children understand the challenges and opportunities of online and offline activities during isolation. Tips will be given to support parents to effectively manage excessive internet use.**Date**: Wednesday the 1st of April at 20:00  |

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| [**Register for FREE!**](https://zeeko.us14.list-manage.com/track/click?u=279693e0953c61a2ff17581bc&id=574e43a431&e=c3357ce9a7) |

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| Find out more about our work at Zeeko by visiting our website at [www.zeeko.ie](https://zeeko.us14.list-manage.com/track/click?u=279693e0953c61a2ff17581bc&id=c8d5d3aef5&e=c3357ce9a7) If you would like Zeeko to visit your school or organisation, contact us at info@zeeko.ie**or** on 01-9060291 |

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