Slideshow video

Teeth

Babies get their first tooth at about six months old. By the age of three, a child will have twenty milk teeth. Sometimes we call these baby teeth. At about five years old these teeth begin to get wobbly and fall out. New adult teeth grow. These teeth are permanent. They will not grow back if they fall out so you need to look after them!

FASCINATING FACT

If an adult tooth is knocked out you should try to hold it in place in your mouth or put it in a glass of milk and get to the dentist right away. This might save the tooth.

Are you taking care of your teeth?

✓ or ✗

I brush my teeth twice a day. ☐

I brush for at least two minutes. ☐

I change my toothbrush every three months. ☐

I drink fizzy drinks regularly. ☐

I eat tooth-friendly snacks. ☐

I could improve my dental hygiene by _____

_____

_____

When I Lost My First Tooth

12 September

Dear Diary,

Today my front tooth fell out! I was so excited because it was the first tooth I lost. I ran up to the teacher and I told her. She gave me an envelope to put my tooth in. I couldn't wait to tell my parents when I got home. I put the tooth under my pillow. I hope the Tooth Fairy will come to visit!

Fionn

tooth time sore excited bleeding
pillow envelope sleep front

Write an account of when your first tooth fell out.