**Assignments – 5th & 6th class**

**Wednesday 29th April 2020**

**School on RTE 2 11-12 every Monday to Friday**

* Mindfulness is very important at this time. It is a difficult time for everyone. You are away from your friends and some family members. It is important to mind yourself. Here are some suggestions for you guys to do each day.
* Mindfulness acrostic poem.
* Yoga- Sarah’s Yoga Warriors. <https://www.sarahsyogawarriors.com/> her videos are online or <https://www.youtube.com/watch?v=X655B4ISakg>

**Active Home week all this week. Please check out the Active Flag section of the school website for the Daily exercises and challenges set by me and some other ‘familiar’ faces!**

|  |  |  |
| --- | --- | --- |
| **Subject** | **Activities** | **Books and copies needed** |
| **Maths** | * Maths riddles. * Try 1-3 today. * 4-6 tomorrow. * 7 & 8 Thursday. * 9 & 10 Friday.   **And/ Or**- Tv Maths Trial.   * Five minute challenge. I should have said this weeks ago, keep your sheets if possible. HW passes when we return as usual. | * Copy |
| **English** | * Reading Zone. Next Unit. * Go With the Flow- one page. * Please send on any work you would like me to see. | * Copy |
| **DEAR time** | “Harry Potter”: Read Chapter 10 -   * Predict what might happen next? * Can you make any connections to your own life / another book? * What images did you create in your head? (Oral) | * Book – Harry Potter and the PS * Audio |
| **History** | * World War 1 project. * All resources on the website. * Due Friday * Any queries on project, let me know. | * History Quest |
| **Irish** | * E-Leathanach Alt 3 * Abair Liom L114 agus L115 (A) 1-5 * Recording of scéal. | * PDF on website * Recording |
| **PE** | * The Body Coach @9AM **every day** on YouTube. * Please make an effort to take part in this. It is a great way to start the day! * Active Week Challenges. Check Active Week section on website. * Send us on your pictures. |  |

<https://online.flowpaper.com/7a630787/TPP90ONLINE/#page=1>

<https://www.commonsensemedia.org/blog/the-best-podcasts-for-kids>

Link above is a list of educational podcasts that you may like to listen to! Some of them are very interesting!