Interpersonal Intelligence

Interpersonal Intelligence is sometimes also called being 'people smart'. It means that you tend to learn by discussing and sharing ideas with other people.

Interpersonal Intelligence is one of eight different types of intelligence that Howard Gardner wrote about in his 1983 book, 'Frames of Mind'. Most people are a mix of the eight different types and change types as they grow older.

If you have high Interpersonal Intelligence:

- You probably enjoy being part of a friendship group or club and have fond memories of sharing ideas or doing activities together.
- You might also like games or activities that require excellent teamwork and communication to win.
- You have a great understanding of other people and are good at connecting with people and solving friendship problems.

Learning tips for people with high Interpersonal Intelligence:





