**WEDNESDAY: 18TH MARCH 2020**

Hello boys and girls,

We will begin with blessing ourselves and perhaps Mammy or Daddy might like to light a little candle. ***In the name of the Father and of the Son and of the Holy Spirit.*** Now we will say our morning prayer:

***Father in Heaven I love you, you are with me night and day. I want to love you always in all I do and say. I’ll try to please you Father, bless me through this day, Amen.***

Let’s take a deep breath and pause for a moment and become quiet and still.

I hope everyone had a lovely St. Patrick’s Day yesterday. St. Patrick is our national saint. He came to teach the Irish people about God. He used the Shamrock to teach them that God the father, Jesus his son and the Holy Spirit all make up the one God. Just like there are three parts to the shamrock leaf, there are three parts to God. We give thanks to God for sending us St. Patrick all those years ago. And we give thanks to St. Patrick for having the courage and the love to come back to Ireland.

I have made a little Shamrock tree. On each shamrock, I have written the names of all the people I want to pray for during this time – members of my family, my community, and of course, the children, staff and parents of Edmondstown National school. Perhaps you would like to make a shamrock tree too. Ask Mammy or Daddy to take a photo of your tree and send it to the school email at [edmondstownns@hotmail.com](mailto:edmondstownns@hotmail.com) and I will post it up on our website so that you can see each other’s. Of course the shamrock is a little tiny plant that isn’t a tree at all. It grows wild in our land. Maybe when you are out walking you might look out for some shamrock.

When you have made your little shamrock prayers, hang them on your tree and ask Mammy or Daddy to light a candle. Sit quietly for a moment and thank God for all the wonderful things we have in our lives – for the birds, animals, the flowers, the sun, the rain, our family. Then ask God to give us all courage and grace and patience during this time and ask him to bless all the people working in our hospitals – always remember, children’s prayers – your prayers, are twice as powerful as adults. Maybe when you are finished you might like to listen to this old Irish song about the shamrock. <https://www.youtube.com/watch?v=aQB_cAaajPs>

St. Patrick – Pray for us.

St. Brigid – Pray for us.

God bless each and every one of you….. I can’t wait to see those photos!!!

Mrs Cleary