

Wednesday, June 3rd 2020

Good morning everyone. I hope you had a nice long weekend. Wasn't the weather gorgeous? I'd like you to play outside as much as possible, so keep school work and activities for when you're indoors!

Quiet Work

Writing: I guess you all had a busy weekend so please write news and tell me all about it!

Our News

Today is _____.

It is a _____ day.

At the weekend I played _____.

I went _____.

I saw _____.

Mathemagic: Juniors -p 85. Count, make the set, trace the numbers, then match the numbers to the sets.

Seniors: - p103 You will need a box (or a tin of beans) for this hand weighing exercise. Then you can use anything to do the comparing...sock, feather, tissue, scarf, ribbon, sellotape, balloon, ball, stone, stick, card, ear phones!!


Busy Work

Today I have a **scavenger hunt** with a difference!! The worksheet does not need to be printed. The words are easy enough for the children to write























Active Work

Today you are going to be super heroes!! *If you number the actions 1-20, then the children can pick a number and do that exercise. Keep this chart as it can be done regularly with the whole family!*




Superhero Action Training

Directions: Perform each action. Check it off when complete. Circle all the action verbs.

<input type="checkbox"/> balance on one foot for 10 seconds		<input type="checkbox"/> bend and touch your toes 10x	
<input type="checkbox"/> crawl forward for 10 feet		<input type="checkbox"/> curl your body up and hold for 10 seconds	
<input type="checkbox"/> gallop for 10 steps		<input type="checkbox"/> hop on one foot 10x	
<input type="checkbox"/> jump in place 10x		<input type="checkbox"/> kneel up tall for 10 seconds	
<input type="checkbox"/> leap forward 10x		<input type="checkbox"/> roll in a straight line for 10 feet	
<input type="checkbox"/> run in place for 10 seconds		<input type="checkbox"/> sit and then stand up 10x	
<input type="checkbox"/> skip forward 10x		<input type="checkbox"/> slide to the right 10x slide to the left 10x	
<input type="checkbox"/> stomp your feet in place 10x		<input type="checkbox"/> straighten your body and hold for 10 seconds	
<input type="checkbox"/> stretch your legs for 10 seconds		<input type="checkbox"/> twist your body to the right and left 10x	
<input type="checkbox"/> walk backwards for 10 steps		<input type="checkbox"/> wiggle your body for 10 seconds	

Go to www.YourTherapySource.com/superhero for the complete download



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